

BISTRO MONROE

Welcome to Monroe's! We love blending old world elegance with a touch of modern boldness.

Monroe does not only build a bridge between the Old and New South, but also makes the connection between classic bistro dishes and contemporary world bistro cuisine.

We invite you to discover the dishes from our Chef Vadim Vesters and his talented team.

Do you have certain allergies or dietary wishes we need to take into account? Ask your waiter for the allergen menu. In case of high gluten intolerance, please report this to our staff.

MONROE   bistromonroe - info@bistromonroe.be - +32 3 248 95 95 - www.bistromonroe.be

OYSTERS

We love oysters! Purely fresh or originally prepared warm or cold by our kitchen team. We prefer to work with the delicious oysters from the Oesterij (Oysterfarm) in Yerseke and always serve them with one or two artisanal SWET hot sauces from Brussels for the extra kick!

Fresh oysters (6 pieces)

Creuses no. 3 from Zeeland, served fresh or with a classic mignonette sauce of shallot and red wine vinegar.

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€ 19,00

Nikkei Oysters (2 pieces)

Lukewarm served Zeeland creuses "Oesterij special" no. 3, nature miso butter, sesame furikake, spring onion.

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€ 10,00

The Paloma (2 pieces)

Cold-served Zeeland creuses "Oesterij special" No. 3, Paloma granite with Patrón tequila and pink grapefruit, tagine spices, "Mexican ketchup" and a few drops of jalapeño oil.

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€ 10,00

Zeeland/Japanese Glory (2 pieces)

Cold-served Zeeland creuses "Oesterij special" no. 3. Fresh dashi consommé, furikake and young spring onion.

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€ 10,00

Supplement Caviar "Tresor"

Some of our starters offer a generous portion (10 grams) of delectable caviar, so you can really spoil yourself. A wonderful collaboration between the masters of caviar at Imperial Heritage Caviar and Bistro Monroe. Under our own label, we offer this exclusive caviar from Siberian sturgeon for those looking for just that little bit more. Thanks to its distinctive maturation, this classic yet very elegant caviar is a true delight. Enjoy the soft, salty and buttery taste of these medium-sized and glossy grey pearls.

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€ 20,00

STARTERS

Californian Ceviche

Fresh, raw marinated sea bass in a delicious leche de tigre of passion fruit, pomegranate, avocado cream, crispy chickpeas.

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€ 19,00

Pulpo Gallega

Slow cooked octopus from Galicia. Smoked Spanish paprika powder, creamy potato mash, Bloody Mary foam, and basil.

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€ 26,00

Steak tartare “Monroe”

Hand-cut steak tartare of West Flemish red, seasoned with beurre noisette, sumac, basil mayo and finished with garden cress.

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€ 17,00

Salmon Tostada

Sustainable Atlantic salmon tartare made with salsa macha and a sour fresh Asian dressing.

Finished with pearls of kalamansi and served on a toasted crispy corn tortilla.

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€ 19,00

Comté cheese croquette

Our homemade cheese croquette deluxe, parsley, cress and lemon.

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€ 19,00

Tuna Saku tataki

Shortly baked tuna with spicy sesame furikake, ice cold dashi and lemongrass dressing, sweet-and-sour radish salad, cucumber and kohlrabi.

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€ 23,00

Pastrami Tartlet

Crispy brick pastry stuffed with high-quality cold cuts from Luc De Laet's luxury selection. Beautifully smoked/dried beef Holstein "pastrami", mustard lettuce, sweet and sour cucumber, imposed mustard seeds in soy and Tierenteyn mustard mayo.

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€ 17,00

Moules

Zeeland mussels, smoked saffron buttermilk, nduja basil oil.

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€ 18,00

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€ 20,00

MAIN COURSES

Steak Tartare “Monroe”

Hand-cut beef tartare of the West Flanders Red cattle prepared by our chefs with brown butter, sumac and basil mayo. Served with fresh beef tallow fries, homemade mayonnaise, and a crisp green salad.

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€ 26,00

Salad Niçoise Monroe

Short-fried Tataki-style tuna, carpaccio of coeur de boeuf tomatoes, rocket lettuce, boiled potatoes, Taggiasca olives, fried capers, cream of egg and salted anchovies.

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€ 24,00

Catch of the day

We respond to the market offerings and look at the supply per season. Our service is happy to tell you more about the fish dish of the day.

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Daily price

Black-legged Chicken Tagliata

Tender cooked black-legged chicken supreme, rocket lettuce, Giusti balsamic vinegar, Pecorino cheese, compote of cherry tomatoes, Arbequina virgin olive oil, crispy chicken. Served with fresh fries baked in ox white or boiled baby potatoes. #chefschoice is baby potatoes.

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€ 28,00

Pluma Ibérica

Slow-cooked Pluma Ibérica pork grilled on the Bastard BBQ, yogurt-cucumber and sumac dressing, red bell pepper dip, Feta, dukkah seasoned flatbread and herb salad.

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€ 29,00

Moules

Zeeland mussels, smoked saffron buttermilk, nduja basil oil. Served with fresh fries baked in ox white or boiled baby potatoes. #chefschoice is baby potatoes.

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€ 30,00

Pasta Agnolotti Carciofo

Stuffed pasta pillows with artichoke. Sauce vierge with tomato salsa, cherry tomatoes, parsley, olive tapenade, mojo verde, artichoke heart, salted lemon.

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€ 29,00

Pulpo Gallega

Slow-cooked octopus from Galicia. Smoked Spanish paprika powder, creamy potato mash, Bloody Mary foam and basil.

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€ 39,00

Bavette (250 gr)

Beautiful TOP Irish bavette - selected by Carmans - and grilled on the Bastard BBQ.

Served with fresh French fries, baked in ox white, with homemade mayonnaise and a fresh green salad. Pick a sauce of your choice: béarnaise, pepper cream, beurre maître d'hôtel or chimichurri butter.

Our bavette is ideally cooked medium-rare.

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€ 31,00

Six-rib (350 gr)

This buttery, fat-laced Spanish prime rib - selected by Luc de Laet of The Butcher's Store - is grilled on our Bastard BBQ.

Served with fresh fries fried in ox white, homemade mayonnaise, a fresh green salad and a sauce of your choice: bearnaise, pepper cream, beurre maître d'hôtel or chimichurri butter.

Our six-rib steak is preferably fried saignant or medium-rare. Take into account with a cooking time of 15 minutes.

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€ 45,00

MONROE FOR KIDS

Kids can choose from:

Meatballs in tomatosauce

with lettuce and fries
€ 12

Spaghetti bolognaise

a delicious suggestion for children
€ 12

Goujonettes with tartar

with lettuce and fries
€ 14

followed by a delicious
children's ice cream

DESSERTS

All desserts at Monroe are homemade with the most delicious ingredients. Sharing is allowed ... but not required :-)

Chocolate soufflé

Monroe's signature dessert.

Warm served soufflé with single origin Ecuador chocolate from 70,1%. Please note that this classic takes some time to prepare (20 min).

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€ 12,00

Cheesecake

Creamy baked Basque cheesecake according to a secret recipe from our chef, served with a homemade compote.

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€ 11,00

Apple

Delicious hot preparation of homemade tarte tatin served with our home-turned vanilla ice cream.

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€ 12,00

Dame Blanche

Homemade vanilla ice cream from Madagascar vanilla, classic tuile, Callebaut chocolate sauce and freshly whipped cream.

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€ 11,00

Baba au Bourbon

Baba au Bourbon, orange mousse, Maker's Mark bourbon vanilla-orange-caramel, almond crumble, candied orange zest.

The baba au rum is an absolute French dessert classic. A small dry cake that soaks up a light rum syrup. In this delicious version Vadim stubbornly chooses our favorite bourbon instead of the classic rum.

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€ 14,00

Tip:

Maker's Mark 46

€ 7,00

For the true bourbon lovers among you, we serve the unique Maker's Mark 46 with this dessert. This unique bourbon in the iconic bottle was created by Bill Jr as a tribute to his father (the founder of Maker's Mark bourbon).

By adding French oak staves for 10 to 12 months to the 6-year-old Maker's Mark, a unique nose is created with caramel, roasted oak, vanilla, and a hint of cinnamon. On the palate, a beautiful long soft finish with "battered rum," leather, and tobacco. An ultimate after-dinner must served on the rocks! 47% alc.

CHEESE

A unique selection of cheeses refined by cheese masters Van Tricht. Served with brioche bread and fig compote. Choose from 8 options below.

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4 cheeses € 16,00

8 cheeses € 30,00

DRINK SUGGESTIONS WITH THE CHEESES

Bon Courage Cape Vintage Port 2018 Robertson - South Africa

Recommended to pair with our cheese platter!
Hints of plum and black cherry. Outstanding berry fruit with aromatic notes of mocha and chocolate, with a long, complex finish.

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Glass € 8

Madeira Marvilha

This madeira wine has scents of dried fruit.
Light, velvety and balanced in the mouth with a long, dry finish.

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Glass € 8

Liefmans Goudenband

8° - 75cl

A one of a kind, mixed fermentation beer that is lifted by its soft acidity, elegance and vinous flavours.
Pairs fabulous with some cheese, or to sip just like that.

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€ 18,00

THE CHEESES

Saulzais Berry

Sheep's raw milk cheese from the Loire region.
Rich and full of flavour when ripe. Made on the farm.

Alex

Alex is a semi-hard cheese, coming from the Allgäu region in Southern Germany. It's a typical mountain cheese, that is full in flavour and has matured for nine months. The rind is covered in a mixture of ash and elderflower syrup. When the cheese refiner made his very first cheese, he didn't have a name for it while travelling to the shop in Munich to present it there. Therefore he named it after the train he was on: the Allgäu Express, or Alex in short.

Le Petit Diable

Le Petit Diable is a creation of the master refiners Van Tricht themselves. This lovely cheese is made from pasteurized cow's milk, coming from the North of France. Cows graze near the coast and thus eat their grass pre-salé. This gives a specific taste to their milk. During the production process a strong blond beer of high fermentation is added to this cheese. Afterwards the rind is also washed multiple times with the same beer. A coat of breadcrumbs holds on to the beer aromas.

La Mère Michel

The cheese is made by La Fromagerie du Gros Chene in Huy in the province of Namur. The crust is washed with red grease and this gives it its somewhat spicier taste. Raw cow's milk.

Tomette chèvre cendré

Cast goat cheese with double pressing, meaning the curd leaks out twice. The first time the cheese leaks into a muslin cloth in a provisional mould, the second time into its final mould where it is lightly pressed. This creates a slightly firmer dairy that still melts creamily in the mouth. The cheese is made from raw milk by the Bajocasse farm in Nonant in Lower Normandy.

Comté Marcel Petite Fort Saint Antoine Réserve

Renowned hard cheese from the Jura, made from raw cow's milk. This cheese has matured in an old military fort at about 1100 meter altitude, where temperature as well as humidity are constant. The perfect environment to ripen your cheese. The natural flora in this fort brings a rather unique taste to their cheeses. The curiosity of this Réserve is that refiners Van Tricht selected the wheels upon their taste and made them put aside in the fort, after which they are brought to the maturing room in the city brewery to proceed their ripening process.

Old Groendal

Belgian cheese made from pasteurized cow's milk. This 'old' crumbly cheese, sometimes referred to as 'the Parmesan cheese of Belgium', has aged for 18 months.

Shropshire Blue

This high-class cheese from cow's milk is made in the United Kingdom and is related to the Stilton cheese. This one was first produced in 1970 at the milk factory Castle Stuart in Inverness in Scotland, by Andy Williamson, a cheese maker who was trained in the production of Stilton in Nottinghamshire in the UK. Therefore this cheese was first known by the name 'Inverness-shire Blue' or 'Blue Stuart', but later rebaptized to Shropshire Blue to draw more attention to it. So for the record: it has nothing to do with the place called 'Shropshire'.

Nowadays, it is produced in cheese factories in Clawson, Leicestershire, Cropwell Bishop and Colston Bassett, where they also make Stilton. This blue cheese gets its orange colour by the addition of annatto, some natural food coloring. Shropshire is softer than Stilton but equally creamy in texture. Aside from the spiciness coming from the blue marbles, you'll also get a sense of caramel flavour.

LIQUID DESSERTS

Rum Smuggler

Bacardi Ocho rum, Plantation Pineapple rum, Big Daddy falernum, chocolate. One for those who love their rum! A wonderful sweet version of the Rum Old Fashioned, that pairs perfectly with our desserts.

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€ 16,00

Espresso Martini

Grey Goose vodka, Tia Maria, Caffè Vergnano espresso “Something that wakes me up and then fucks me up!” These famous words preceded the creation of a drink in the '80s. Grey Goose vodka and a wonderful kick of bitterness from freshly brewed espresso but evened out with some Tia Maria liqueur. What could ever go wrong after this?

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€ 12,00

Joséphine

Mandarine Napoléon, Martini Riserva Ambrato vermouth, Luxardo Maraschino liqueur, green tea, cardamom, egg white. Fresh and deliciously sweet and sour, not what you might expect from an after-dinner cocktail, but this beauty goes perfectly with our heavier desserts.

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€ 10,00

Temptress

Bon Courage Cape Vintage port, Frapin 1270 cognac, Oloroso sherry, maple, cocoa. The subtle flavour of walnut, found in the Oloroso sherry and port, is central to this surprising after-dinner cocktail.

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€ 13,00

Frozen Lemon Cake

Grey Goose Le Citron vodka, Lazzaroni Limoncino, lime leaf, yuzu, cream.

An experiment that got out of hand. Treat yourself to the sweet and sour nostalgia of lemon pie, a delicious creation that captures the essence of this beloved recipe in liquid form.

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€ 14,00

Irish coffee

The Busker Triple Cask Whiskey, sugar, Caffè Vergnano espresso, cream. The classic coffee cocktail, simply delicious and old school.

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€ 9,00

Ratafia de Champagne Rubis 18%**Distillerie Jean Goyard**

A rich and soft cuvée that gets its character from the subtle marriage of grape juice and oak barrel aged eau de vie. In colour, bright amber and in the nose, hints of sweet and spicy unfold. Impressions of candied fruit and quince jelly on the palate.

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€ 9,00

Santa Teresa 1796

An absolute smooth sipping rum from Venezuela.

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€ 16,00

Dewar's 12y

Blended Whisky

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€ 9,50

Aberfeldy 12y

Single Malt Whisky

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€ 12,00

Hibiki

Japanese Whiskey

-

€ 25,00

Isolabella

Sambuca

-

€ 9,00

Cognac Frapin, 1270

Gorgeous 100% Grande Champagne & premier cru
de Cognac

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€ 11,50

*Ask our bar menu for more choice in the field of
cocktails & after dinner drinks.*

